











Edmonton Meals on Wheels Anticipated Hot Menu: February 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Tomato & Rice Soup Ham with Mustard Sauce Corned Beef Sandwich	2 Beef Barley Soup Sweet & Sour Pork Seafood Salad Sandwich	3 Cream of Celery Soup Swiss Steak Egg Salad Sandwich	4 Beef Vegetable Soup Hungarian Goulash Seafood Salad Sandwich 
5 French Onion Soup Turkey Sliced Corned Beef Sandwich 	6 Fiesta Soup Chicken a la King Pastrami Sandwich	7 Cream of Vegetable Soup Spaghetti & Meatballs Roast Turkey Sandwich	8 Beef Vegetable Soup Hamburger Macaroni Casserole Salmon Salad	9 Tomato & Rice Soup Chicken Stir Fry Cucumber & Cream Cheese Sandwich	10 Cream of Broccoli Soup Pork Cutlet Cheddar Cheese & Tomato Sandwich	11 Tomato & Rice Soup Chefs' Choice Entrée Sliced Ham Sandwich 
12 Cream of Celery Soup Swiss Steak Chefs' Choice Sandwich 	13 Green Pea Soup Cod with Lemon Dill Sauce Egg Salad Sandwich	14 Chicken & Rice Soup Roast Beef au Jus Tuna Salad Sandwich	15 Cream of Tomato Soup Meatloaf with Mushroom Gravy Cheese, Lettuce & Tomato Sandwich	16 Mulligatawny Soup Potato & Cheddar Perogies Meatloaf Sandwich	17 French Onion Soup Chicken with BBQ Sauce Sliced Roast Beef Sandwich	18 Mulligatawny Soup Ham with Pineapple Sauce Chefs' Choice Sandwich 
19 Clam Chowder Soup Chefs' Choice Entrée Tuna Salad Sandwich 	20 FAMILY DAY: OFFICE CLOSED Chicken Noodle Soup Macaroni & Cheese Ham Salad Sandwich 	21 Tomato & Rice Soup Ham with Scalloped Potatoes Vegetarian Sandwich	22 Mushroom & Barley Soup Spaghetti & Meatballs Roast Turkey Sandwich	23 Corn Chowder Soup Hungarian Pork Goulash Sliced Reuben Sandwich	24 Minestrone Soup Chicken with Rosemary Sauce Salmon Salad Sandwich	25 Fiesta Soup Chefs' Choice Entrée Chefs' Choice Sandwich 
26 Mulligatawny Soup Chicken with BBQ Sauce Ham & Cheese Sandwich 	28 Navy Bean Soup Baked Lasagna Egg Salad Sandwich	28 Tomato Tortellini Soup Chicken with Mushroom Sauce Cheddar Cheese & Tomato Sandwich	29 Borscht Soup Hearty Beef Pot Pie Club Wrap	Edmonton Meals on Wheels 11111 103 AVE Edmonton, AB T5K 2P1	Regular Office Hours: Monday to Friday 8 am- 4 pm	 Edmonton meals on wheels feeding body and soul™ Questions? Call 780-429-2020

 Indicates that the meals that are delivered on that day are frozen. Holiday meals are delivered the last working day before the holiday. The One Meal package does not include the sandwich. This menu may change without notice.