



PUREED FROZEN ENTRÉE MENU

Phone 780-429-1545

Fax 780-424-5561

www.mealsonwheelsedmonton.org

Orders under \$40.00 are subject to a \$5.00 delivery charge. All orders placed online are subject to a \$5.00 shipping and handling fee.

SOUPS

Available in an 8oz size. Minimum 2 days notice

\$2.00 Each

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|----------------------------|-------------------|----------------------------|------------------------|----------------------------|-------------------|
| <input type="checkbox"/> A | Minestrone | <input type="checkbox"/> E | Chicken Vegetable Rice | <input type="checkbox"/> J | Beef Vegetable |
| <input type="checkbox"/> B | Borscht | <input type="checkbox"/> F | Cream of Broccoli | <input type="checkbox"/> L | Cream of Mushroom |
| <input type="checkbox"/> C | Country Vegetable | <input type="checkbox"/> G | Green Pea | | |
| <input type="checkbox"/> D | Chicken Noodle | <input type="checkbox"/> H | Beef Barley | | |

PUREED ENTREES

\$3.00 Each

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|-------------------------------|--|-------------------------------|--|
| <input type="checkbox"/> FP01 | Macaroni & Cheese with Herbed Tomatoes | <input type="checkbox"/> FP10 | Roast Turkey with Savoury Potatoes & Butternut Squash |
| <input type="checkbox"/> FP02 | Beef Stroganoff with Dilled Red Potatoes & Broccoli | <input type="checkbox"/> FP11 | Roast Pork with Savoury Potatoes & Carrots a la Orange |
| <input type="checkbox"/> FP03 | Turkey a la King with Pasta & Peas | <input type="checkbox"/> FP12 | Pork Coriander with Yams, Apples & Corn |
| <input type="checkbox"/> FP04 | Old Fashioned Beef with Herbed Potatoes & Green Beans | <input type="checkbox"/> FP13 | BBQ Pork with Potatoes and Corn |
| <input type="checkbox"/> FP05 | Roast Beef with Parslied Potatoes & Nutmeg Carrots | <input type="checkbox"/> FP14 | White Fish Newburg with Herbed Potatoes & Broccoli |
| <input type="checkbox"/> FP07 | Lemoned Chicken with Parslied Potatoes & Sweet Carrots | <input type="checkbox"/> FP15 | Honey Mustard Ham with Scalloped Potatoes & Sweet Cream Corn |
| <input type="checkbox"/> FP08 | Roast Chicken with Golden Potatoes & Peas | <input type="checkbox"/> FP16 | Beef Bourguignon with Golden Potatoes, Carrots & Turnips |

MEAL REPLACEMENT DRINKS & WATER

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|--------------------------------|-----------------------------------|---------------|
| <input type="checkbox"/> WATER | Bottled Water | \$0.75 |
| <input type="checkbox"/> MRDV | Vanilla Meal Replacement Drink | \$1.50 |
| <input type="checkbox"/> MRDC | Chocolate Meal Replacement Drink | \$1.50 |
| <input type="checkbox"/> MRDS | Strawberry Meal Replacement Drink | \$1.50 |